

Decision Autopsy

Fill out the worksheet below to analyze a specific choice or behavior and to work toward making thoughtful decisions in the future.

Identify the decision:

What went well?

Why did you make the decision?

What factors, external or internal, contributed to the decision?

Do you think it was a good decision?
If yes, why? If no, why not?

What were the consequences of the decision?

What would you change in the future?